

# High School Lunch Menu

## May 2018

Menu subject to change without notice.


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>1</b> <i>Main:</i> Mini Corn Dogs Scalloped Potatoes Roasted Carrots Whole Kernel Corn</p> <p><i>BAR:</i> Noodle Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>2</b> <i>Main:</i> Popcorn Chicken Whipped Potatoes Low Fat Gravy Roasted Broccoli School Made Dinner Roll</p> <p><i>BAR:</i> Mexican Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>3</b> <i>Main:</i> Pulled Pork * on a Bun Roasted Sweet Potatoes Creamy Cucumber Salad Pickles and Sliced Onions Coconut Curry Beans</p> <p><i>BAR:</i> Potato Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>4</b> <i>Main:</i> Asian Chicken Seasoned Brown Rice Garlic Breadstick Stir Fry Vegetables Honey Roasted Carrots</p> <p><i>BAR:</i> Hot Dish Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>
<p><b>7</b> <i>Main:</i> Pizza Choice Fresh Romaine Caesar Salad Black Bean Salad</p> <p><i>BAR:</i> Soup and Sandwich</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>8</b> <i>Main:</i> Chicken Tenders Whipped Potatoes Low Fat Gravy Sweet Green Peas School Made Dinner Roll</p> <p><i>BAR:</i> Noodle Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>9</b> <i>Main:</i> Brunch For Lunch Roasted Carrots Oven Baked Tri Tators</p> <p><i>BAR:</i> Mexican Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>10</b> <i>Main:</i> Meatball Sub Creamy Cole Slaw Potato Crunch Broccoli</p> <p><i>BAR:</i> Potato Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p> <p style="text-align: center;"><i>School Made Cookie</i></p>	<p><b>11</b> <i>Main:</i> Sweet and Sour Chicken Seasoned Brown Rice Garlic Breadstick Stir Fry Vegetables</p> <p><i>BAR:</i> Breakfast Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>
<p><b>14</b> <i>Main:</i> 2 for 1 Beef Hot Dogs Vegetarian Chili Roasted Squash Sriracha Beans and Rice</p> <p><i>BAR:</i> Salad Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>15</b> <i>Main:</i> Popcorn Chicken Bowl Whipped Potatoes Low Fat Gravy Shredded Cheese Whole Kernel Corn School Made Dinner Roll</p> <p><i>BAR:</i> Noodle Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>16</b> <i>Main:</i> French Dip Sandwich Roasted Peppers /Onions Sidewinders Potatoes Coconut Curry Beans Au Jus/ Cheese Sauce</p> <p><i>BAR:</i> Mexican Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>17</b> <i>Main:</i> Chicken Patty on a Bun Oven Baked French Fries Parmesan Cauliflower Creamy Cole Slaw Honey Roasted Carrots</p> <p><i>BAR:</i> Potato Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>18</b> <i>Main:</i> Italian Dunker Cheese Bread Marinara Sauce Creamy Cole Slaw Roasted Broccoli</p> <p><i>BAR:</i> Hot Dish Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>
<p><b>21</b> <i>Main:</i> Chicken Parmesan Whole Grain Pasta Roasted Carrots Garlic Green Beans</p> <p><i>BAR:</i> Soup and Sandwich Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>22</b> <i>Main:</i> Chicken Po'Boy Sandwich Oven Baked French Fries Creamy Cucumber Salad</p> <p><i>BAR:</i> Noodle Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>23</b> <i>Main:</i> Beef Meatballs in Gravy Whipped Potatoes Sweet Green Peas School Made Dinner Roll</p> <p><i>BAR:</i> Mexican Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>24</b> <i>Main:</i> Fish sandwich Sweet Potato Fries Fresh Caesar Salad Soy Sauce Cauliflower</p> <p><i>BAR:</i> Breakfast Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>	<p><b>25</b> <i>Main:</i> Chicken Wrap Seasoned Brown Rice Vegetarian Baked Beans Romaine/ Spinach Salad</p> <p><i>BAR:</i> Breakfast Bar</p> <p><i>GRILL:</i> Hamburgers and Chicken</p> <p><i>GRAB and GO</i> (Salads, Sandwiches, and Yogurt Parfaits)</p>

### LUNCH PRICES

Elem. Student "Paid" .....\$ 2.85  
 Student "Reduced" .....FREE  
 Student "Free".....FREE  
 Milk.....\$ .50

**Offered Daily on all Serving Lines:**  
**Fresh Vegetable Sticks**  
**Fresh Fruit and Fruit Sauce**  
**Milk Choice**

\*May contain Pork 

# May contain nuts or peanut butter 

Any school made item could contain any of the above, please check with Kitchen Manager at site.

**Allergy Notice:** Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other

**All Grains/Breads offered are a minimum of 51% Whole Grain.**



**Free and Reduced Meal Applications available online at [www.district279.org/fma](http://www.district279.org/fma)**  
**OR**  
**may be picked up at any school within District 279 or the District Office.**

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (866) 632-9992 (Voice and TDD). USDA is an equal opportunity provider and employer.

**May 29– June 7 will be Nutrition Manager’s choice. Please call your school if you have questions on the menu for those days.**