

Middle School Lunch Menu

April 2018



Menu subject to change without notice.

LUNCH PRICES

Elem. Student "Paid"\$ 2.70
 Student "Reduced"FREE
 Student "Free".....FREE
 Milk.....\$.50

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| <p>2 Stuffed Crust Pizza OR Mozzarella Sticks Roasted Carrots Fresh Romaine Caesar Salad</p> | <p>3 2 for 1 Beef Hot Dogs OR Chicken Po'Boy Sandwich Whole Kernel Corn Roasted Squash Mini Brownie</p> | <p>4 28 Popcorn Chicken OR Beef All American Burger Twister Fries Garlic Green Beans Sliced Pickles</p> | <p>5 Turkey-N-Gravy OR Beef Meatballs Whipped Potatoes Low Fat Gravy Sweet Peas Warm School Made Dinner Roll</p> | <p>6 Mandarin Orange Chicken OR Ranchero Pizza Seasoned Brown Rice Warm Garlic Breadstick Stir Fry Vegetables Romaine Vegetable Salad</p> |
| <p>9 Chicken Patty on a Bun OR Hamburger on a Bun Sweet Potato Fries Roasted Soy Sauce Cauliflower Fresh Sandwich Fixings of Lettuce, Tomato, Onion and Pickles</p> | <p>10 Mini Corn Dogs OR Pizza School Made Soup Roasted Squash Potato Crunch Broccoli</p> | <p>11 Chicken Tenders OR Individual Pizza Whipped Potatoes Low fat Gravy School Made Dinner Roll Mint Sweet Peas</p> | <p>12 Beef Walking Tacos Bag of Chips or Soft Tortilla Seasoned Brown Rice Fresh Fixings of Romaine Let- tuce, Diced Tomatoes, Diced Onion and Jalapeno Peppers Whole Kernel Corn Zesty Refried Beans</p> | <p>13 French Toast Sticks w/ Sausage OR Corn Dog Oven Baked Tri Tators Roasted Carrots</p> |
| <p>16 Sweet and Sour Chicken OR Sichuan Chicken Seasoned Brown Rice Warm Garlic Breadstick Stir Fry Vegetables Romaine Vegetable Salad</p> | <p>17 Spaghetti w/ Meat Sauce OR Chicken Parmesan Spaghetti Noodles Warm French Bread Slice Roasted Brussels Sprouts California Blend Vegetables</p> | <p>18 Philly Beef Sandwich OR Turkey Pretzel Sandwich Roasted Peppers and Onions Queso Cheese Sauce Vegetarian Baked Beans Sweet Potato Fries School Made Cookie#</p> | <p>19 Italian Dunkers OR Spicy Chicken Patty Roasted Parmesan Cauliflower Roasted Squash Romaine Vegetable Salad</p> | <p>20 Stuffed Crust Pizza OR Fish Tacos Soft Tortilla Shell Savory Green Beans and Onions Black Bean Salad Fresh Creamy Coleslaw</p> |
| <p>23 Hamburger on a Bun OR Fish Patty on a Bun Oven Baked Twister Fries Zesty Baked Zucchini Fresh Sandwich Fixings of Let- tuce, Tomato, Onion and Pickles</p> | <p>24 French Toast Sticks w/ Sausage OR Corn Dog Oven Baked Tri Tators Oven Roasted Carrots Warm Apple Crisp</p> | <p>25 Chicken or Shredded Pork* Fajitas Soft Tortilla Roasted Peppers and Onions Seasoned Brown Rice Shredded Cheese Romaine Lettuce Black Beans Whole Kernel Corn</p> | <p>26 Toasted Cheese Sandwich OR Grilled Chicken Sandwich Creamy Tomato Soup Cucumber Salad Roasted Broccoli Coconut Curry Beans</p> | <p>27 Chicken Tenders OR Individual Pizza Whipped Potatoes Low Fat Gravy California Blend Vegetables School Made Dinner Roll</p> |
| <p>30 No School Today</p> | <p>Vegetable of the Month: Chef Salimatu's Zesty Baked Zucchini</p> | | | |

Offered Daily on all Serving Lines:
 Fresh Vegetable Sticks
 Fresh Fruit and Fruit Sauce
 Milk Choice

*May contain Pork 
 # May contain nuts or peanut butter 
 Any school made item could contain any of the above, please check with Kitchen Manager at site.
Allergy Notice: Products have been made in the District Kitchens or plants where milk,

All Grains/Breads offered are a minimum of 51% Whole Grain.



Free and Reduced Meal Applications available online at www.district279.org/fma OR may be picked up at any school within District 279 or the District Office.

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