

Middle School Lunch Menu

May 2018



Menu subject to change without notice.

LUNCH PRICES

Elem. Student "Paid"\$ 2.70
 Student "Reduced"FREE
 Student "Free".....FREE
 Milk.....\$.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 2 for 1 Beef Hot Dogs OR Chicken Po'Boy Sandwich</p> <p>Whole Kernel Corn Roasted Squash Vegetarian Baked Beans Mini Brownie</p>	<p>2 Popcorn Chicken OR Beef All American Burger</p> <p>Twister Fries Garlic Green Beans Sliced Pickles</p>	<p>3 Turkey-N-Gravy OR Beef Meatballs</p> <p>Whipped Potatoes Low Fat Gravy Sweet Peas Warm School Made Dinner Roll</p>	<p>4 Mandarin Orange Chicken OR Ranchero Pizza</p> <p>Seasoned Brown Rice Warm Garlic Breadstick Stir Fry Vegetables Romaine Vegetable Salad</p>
<p>7 Chicken Patty on a Bun OR Hamburger on a Bun</p> <p>Sweet Potato Fries Roasted Cauliflower Fresh Sandwich Fixings of Lettuce, Tomato, Onion and Pickles</p>	<p>8 Mini Corn Dogs OR Turkey Sandwich</p> <p>School Made Soup Roasted Squash Potato Crunch Broccoli</p>	<p>9 Chicken Tenders OR Personal Size Pizza</p> <p>Whipped Potatoes Low fat Gravy School Made Dinner Roll Mint Sweet Peas</p>	<p>10 Beef Walking Tacos</p> <p>Bag of Chips or Soft Tortilla Seasoned Brown Rice Fresh Fixings of Romaine Let- tuce, Diced Tomatoes, Diced Onion and Jalapeno Peppers Whole Kernel Corn Zesty Refried Beans</p>	<p>11 French Toast Sticks w/ Sausage OR Corn Dog</p> <p>Oven Baked Tri Tators Roasted Carrots</p>
<p>14 Sweet and Sour Chicken OR Sichuan Chicken</p> <p>Seasoned Brown Rice Warm Garlic Breadstick Stir Fry Vegetables Romaine Vegetable Salad</p>	<p>15 Spaghetti w/ Meat Sauce OR Chicken Parmesan</p> <p>Spaghetti Noodles Warm French Bread Slice Roasted Brussels Sprouts California Blend Vegetables</p>	<p>16 Philly Beef Sandwich OR Turkey Pretzel Sandwich</p> <p>Roasted Peppers and Onions Queso Cheese Sauce Vegetarian Baked Beans Sweet Potato Fries</p> <p>School Made Cookie#</p>	<p>17 Italian Dunkers OR Spicy Chicken Patty</p> <p>Roasted Parmesan Cauliflower Roasted Squash Romaine Vegetable Salad</p>	<p>18 Personal Size Pizza OR Fish Tacos</p> <p>Soft Tortilla Shell Savory Green Beans and Onions Black Bean Salad Fresh Creamy Coleslaw</p>
<p>21 Hamburger on a Bun OR Fish Patty on a Bun</p> <p>Oven Baked Twister Fries Candied Sweet Potatoes Fresh Sandwich Fixings of Let- tuce, Tomato, Onion and Pickles</p>	<p>22 French Toast Sticks w/ Sausage OR Corn Dog</p> <p>Oven Baked Tri Tators Roasted Carrots Warm Apple Crisp</p>	<p>23 Chicken or Shredded Pork* Fajitas</p> <p>Soft Tortilla Roasted Peppers and Onions Seasoned Brown Rice Shredded Cheese Romaine Lettuce Black Beans Whole Kernel Corn</p>	<p>24 Toasted Cheese Sandwich OR Grilled Chicken Sandwich</p> <p>Creamy Tomato Soup Cucumber Salad Roasted Broccoli</p>	<p>25 Chicken Tenders OR Personal Size Pizza</p> <p>Whipped Potatoes Low Fat Gravy Potato Crunch Broccoli School Made Dinner Roll</p>
<p>28 No School Today</p>	<p>29 Nutrition Manager's Choice</p>	<p>30 Nutrition Manager's Choice</p>	<p>31 Nutrition Manager's Choice</p>	

Offered Daily on all Serving Lines:
 Fresh Vegetable Sticks
 Fresh Fruit and Fruit Sauce
 Milk Choice

*May contain Pork 
 # May contain nuts or peanut butter 
 Any school made item could contain any of the above, please check with Kitchen Manager at site.
Allergy Notice: Products have been made in the District Kitchens or plants where milk,

All Grains/Breads offered are a minimum of 51% Whole Grain.



Free and Reduced Meal Applications available online at www.district279.org/fma
 OR
 may be picked up at any school within District 279 or the District Office.

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May 29– June 7 will be Nutrition Manager's choice. Please call your school if you have questions on the menu for those days.